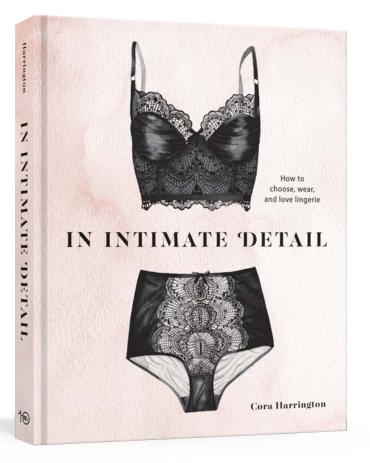
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"Beautiful lingerie... is a signal that you love yourself enough to take out the good stuff and feel special even on the most mundane of days."

-Dita Von Teese, from the foreword

A comprehensive and accessible illustrated guide to lingerie from intimates expert Cora Harrington, founder of *The Lingerie Addict*, the internet's top intimate apparel blog.

While many love the idea of wearing special underthings, lingerie can be intimidating. How is it supposed to fit? How do you take care of it all? Is lingerie really for me? In this beautiful and empowering guide, lingerie expert Cora Harrington demystifies intimate apparel, making it accessible to all sizes, ages, and budgets. Covering everything from basic bras and panties to special occasion wear, shapewear, hosiery, corsets, and more, this no-nonsense handbook empowers you to confidently buy, wear, and care for the underpinnings of your dreams.

CORA HARRINGTON is the founder and editor-inchief of *The Lingerie Addict*, the internet's top blog dedicated to intimate apparel. Her mission is to make the intimidating world of lingerie accessible, understandable, and fun for people of all sizes, shapes, races, and gender identities. Cora's work has been featured by *Teen Vogue*, Racked, *Cosmopolitan*, and Jezebel, and she has been quoted as a lingerie expert by *Allure*, *Bloomberg*, *The Wall Street Journal*, *The Los Angeles Times*, *Vogue Italia*, *CNN*, and *Forbes*.